HEALTHED CONTINUECT

2020 ANNUAL REPORT EMPOWERING WOMEN & CHILDREN

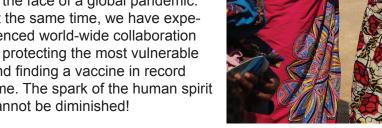
through health, education, and advocacy



Letter from the Executive **Director**

Dear Friends.

he past year has certainly been unprecedented. We have witnessed great loss and hardships in the face of a global pandemic. At the same time, we have experienced world-wide collaboration in protecting the most vulnerable and finding a vaccine in record time. The spark of the human spirit cannot be diminished!



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We have always known that our community health worker (CHW)

and school colleagues are incredible servant leaders, but their efforts over this year have shown that trait ten-fold. From the moment we began to understand the magnitude of COVID-19, and the prevention measures to lessen risk of exposure, we shared current facts with our CHWs so they could in turn empower their communities with this life-saving information through personal home visits, organized trainings, and distribution of supplies. Our three community schools closed immediately and slowly phased students back into the classroom when possible, following every safety protocol and keeping class sizes low. Prevention efforts are ongoing, and we are so impressed with their response.

The generosity extended through your dedicated support provided much-needed, immediate resources to support our colleagues in preventing COVID-19 and continuing the initiatives that empower women and children in under-resourced areas. As you will find in the short stories highlighted here in our annual report,

this unprecedented year has not slowed us down. We are working together, and we are stronger together.

Thank you for your unwavering support,

Emily Penrose-McLaughlin, MPPM **Executive Director**

Our mission

is to empower women and children through evidence-based health, education, and advocacy programs. We accomplish this mission by training and partnering with volunteer community health workers in Democratic Republic of Congo, Zambia, Malawi, and Nepal to identify and address issues of basic health and education from the grass roots level.



FINANCIAL Transparency

Expenses

Including donated in-kind goods & services

A copy of the annual independent audit report for 12 months, beginning January 1, 2020 through December 31, 2020 is available on our website.



- 91% Programs \$543,821 (Health, Education & Advocacy)
- 9% Support Services \$56,661 (Fundraising & Administration)

2020 Donor Information

Donors	344
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Number of Gifts 1,113

Monthly Donors 56

New Donors 65

Donor Retention 61%

(industry average 43.6%)

Congratulations to the Class of 2020!

In December 2020, twelve students graduated high school thanks to your support through the Girls Achievement Program (GAP) and General Scholarship programs. This was the first graduating class of scholars, which added even more excitement to their notable achievement! These graduates have their sights set on future goals we know will be possible

with their determination!



(Image Left) Faith Songwe, celebrated completion of her nursing program with a virtual graduation ceremony, a common theme of 2020! Faith joins the ranks of other professional nurses who have received training thanks to the Professional Nurses Association (PNA) Scholarship administered by HealthEd Connect. Since 2003, 43



GAP & General Scholars from Kasompe celebrate graduation!

students from nine countries have attained professional nursing education through this scholarship program. Some also provide their skills as volunteer community health workers and trainers with HealthEd Connect!

Extraordinary Times Call for Extraordinary Measures

We've always known that our volunteer community health worker colleagues are amazing! But in the past year, they have shown extraordinary strength in raising awareness and sharing resources to prevent COVID-19.

From the moment we heard that a novel coronavirus was spreading, we shared credible information with our health worker and school colleagues. We asked for your support to provide soap to all 56 communities where our health workers serve as a crucial line of defense through proper handwashing. And in quick time, our colleagues were connecting with their local government health workers and ministry of

education officials to disseminate district and national guidelines for virus prevention.

Grassroots efforts led by community health workers have long been vital in areas where access to basic health care and information is lacking. And in 2020, global public health efforts went local - the responsibility of all of us - to keep our communities healthy and save lives.

To provide just a glimpse at the extraordinary efforts of our colleagues in 2020, we are highlighting some of the things you could find the community health workers and school teachers doing last year.

In Zambia, the Kafwa health workers visited homes to instruct people on proper handwashing, social distancing, and wearing face coverings in public places, to protect themselves and others from spreading the virus. At our three community schools, classes were divided to teach smaller groups in multiple time blocks each day to social distance. And the Kafwa shared their time and sewing skills to make face masks for the students and teachers. Thanks to their efforts, there have been no cases of COVID-19 at the schools!









In Malawi, Sinkhani health workers were all trained in COVID-19 prevention, led by our local HealthEd Connect representative, nursing scholars, and government health officials, to safely spread the word (not the virus!) in their communities. They sewed 1,000 masks to distribute, along with soap, wash stations, and a song about COVID-19 prevention.



In Democratic Republic of Congo, two Wasaidizi health workers completed government training to administer vaccinations for children, a critical defense against preventable diseases. They may be called upon to help with COVID-19 vaccinations when it becomes available. Wash stations, soap, and masks were also distributed among communities.





In Nepal, Soyamsebika health workers shared COVID-19 prevention education and resources in small gatherings from the city streets of Kathmandu, to marginalized communities in Biratnagar, and the remote villages of Rai and Gorkha. Spread of COVID-19 in Nepal continues to be a major concern.







HEALTHED CONNECT Annual Report

Community Centers Bringing People Together

When you do good things for others, the news spreads! Community members and village chiefs respect our volunteer community health workers (CHWs) because they recognize the impact they are making in the lives of women and children. The CHWs weigh and monitor the development of thousands of infants and children up to 5 years of age and teach moms about nutrition, sanitation, pre- and post-natal care, family planning, and more.

When you do good things for others, the news spreads!

In Malawi, village chiefs in three areas have donated land to the Sinkhani CHWs for the development of community centers so they have a physical gathering place to do this work they love. In November 2020, the first Sinkhani Community Center and Under Five Clinic was opened in Kazomba (near Mzimba), and another center recently completed in Mazembe. The third center is awaiting construction in Matete. where community members have made 8,000 mud bricks as a contribution towards the project.



Previously, up to 150 mothers and children sat outside to participate in health education and songs led by the Sinkhani, while waiting for their children to be weighed by hanging a scale from a tree limb.



Today, the community center provides a safe structure and meeting space for health education, weighing and monitoring infants and children, preand post-natal care, vaccinations, and support groups for orphans and vulnerable children.



The Kafwa in Luapula, Zambia plan to utilize their new community center to facilitate health education and programs for orphans and vulnerable children.

Community centers aren't just for Malawi though! In Zambia, the village chief in Mulundu (Luapula Province) has also donated land and plans are underway for development of a community center under the leadership of the Kafwa CHWs. We are thrilled to see these partnerships between CHWs and local leaders flourish and benefit their communities through the programs which flow from each center.

"I give to Healthed Connect because they are actively investing in communities to make a difference. This nonprofit doesn't just talk about doing good, they embody it! My wife and I have a little girl, and

we want to invest in organizations like Healthed Connect that empower and invest in young women to change the world."

- Zac Harmon-McLaughlin



COVID-19 prevention training group outside the new Sinkhani Community Center at Mazembe.

Standing Strong Together 2020 at a Glance

Every number represents a life and a story. Your support makes a long-term impact in these life stories through the work of our volunteer community health workers and school colleagues. Thank you!

150 Community Health Workers (CHW)





6,699 home health visits

99,213 hot lunches served to students



53,955 mothers taught health, nutrition, and sanitation

44 CHWS participating in Leadership Development Opportunities



CHW Volunteer hours 71,337
children under 5
weighed and
monitored





9,183
children in
Enrichment Programs
(grief support, etc.)

4,715
Books checked
out from school
libraries

24 school teachers

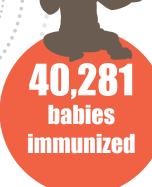


100% 7th Grade Pass Rate

orphans and vulnerable children enrolled in primary school

71
High School
Scholarships

5,197 healthy babies delivered





Building Capacity

ach year we evaluate how we have grown, the challenges we have faced, and the opportunities that lie ahead to guide us into the future. As an organization that is grassroots led and evidence-based, it is important that we listen to the community experts— the volunteer health workers, school leaders, and caregivers- in the areas where we work. Community members themselves are trained to conduct participatory research to assess women and children's needs for program development. And local leaders are provided opportunities for development to ensure programs will be sustainable.

Over the last decade, we have scaled our growth to go only as fast and as far as the communities and volunteers are able to handle effectively. As our programs have matured, local leaders have become trained, numbers of volunteers and projects have risen, and our ability to communicate more rapidly has increased, we realized that we also needed to scale up our headquarters staff to keep pace in supporting our programs! This led us to hire our second fulltime employee, Regan Jackson, as Donor and Communication Program Manager in October 2020. Regan adds experience in fund development, logistical support, international education, and a creative visual and writing ability that has strengthened our communications.

We are building capacity through investment in people and programs for long-term sustainability. And we are already seeing the fruits of this approach as local leaders emerge as trainers and our programs in health and education impact more lives. Your support makes this possible! We thank you for choosing to invest in people and programs that empower women and children long-term.

Lifting Lives Legacy Circle

Those who are graciously including HealthEd Connect in their estate plans.

+Judy and Ron Carter
Lauren Hall
MaryJoan Johnston
Cathy and Mike Keeble
Sherri and Jac Kirkpatrick
Barbara and David McHuron
Michelle and Dan Mahlik
Louise Morden



Malawi Sinkhani doubled their numbers in 2020! New volunteers were trained by veteran Sinkhani, local government health officers, and HealthEd Connect nursing scholars.



Welcoming Regan to the team!



Kamina Mwewa, one of 86 CHWs who have benefited from a development award. Kamina is training to administer vaccines in D.R. Congo.

Thank you to our 2020 annual donors

This list reflects gifts received between January 1, 2020 and December 31, 2020

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Please note:

+ Donor is being recognized posthumously

Thank you to our Lifetime Donors

This list reflects lifetime cumulative gifts received by December 31, 2020

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Please note:

* Donor has given 5 or more years ** Donor has given 10 years + Donor is being recognized posthumously

Memorials and Tributes

This list reflects gifts received between January 1, 2020 and December 31, 2020

(Honored individuals in bold type, donors in basic type)

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Teamwork makes the dream work!



Jac meeting Moses, a very happy man thanks to the help of the Kafwa to heal his leg wound with guava leaf antiseptic.

"I have seen the transformation brought about by caring people and wise use of funds. HealthEd Connect is the most trustworthy and transformative non-profit I know."

-Michelle Mahlik

n October 2020, **Jac** Kirkpatrick, co-founder, stepped down as a voting member of the Board of Directors, but was enthusiastically voted in as Co-Founder Emeritus, extending to him the right of lifelong voice and a seat among the directors at all its meetings. HealthEd Connect would not exist without founders Jac and Sherri Kirkpatrick, and this position is one small way of honoring the hard work, passion, and love that Jac has poured into this organization. Jac has spent nearly 35 years traveling to Africa and Asia, creating lasting friendships with many of our now-colleagues. He is a travel extraordinaire, master storyteller. and overall fix-it man. HealthEd Connect's Board of Directors and staff are incredibly grateful for the wisdom, leadership, and joy Jac has brought to our lives and our organization. And we are grateful to have his continued involvement with the board in this new capacity.

We are thrilled to have four new members join our stellar Board of Directors family to uplift and support the dreams and visions of our community health worker and school program colleagues.

Kristi Bernhardt, CPA, is Chief Financial Officer of a multi-state staffing company and has a wealth of experience with nonprofits.

Mike Duke, MD is a Family Physician providing health care from newborns to centenarians, and often uses his medical training in service to others both locally and abroad.

Julie Kirkpatrick, MS, BS, is newly retired from a teaching career spanning thirty-five years, most recently as an elementary Reading Specialist and Literacy Coach.

Eva Wasonga-Nganga, RN, BSN has served in numerous health care settings, and currently serves as a dialysis nurse.



10 Years of Thanks!

We want to give a big shout out to Dave Seagraves! For ten years, Dave provided his time and expertise as our website host and manager, all in-kind! He has been an instrumental HealthEd Connect team member and supporter, helping share our story with the world. Thank you, Dave!

Community Volunteers & Support Staff

Health Worker Team Leaders

Josephine Kipampe - Lubumbashi,
Democratic Republic of Congo
Ireen Nyirenda - Mzimba, Malawi
Pinkey Malla Adhikari - Kathmandu, Nepal
Ireen Matete - Kasompe, Zambia
Jane Chibwe - Luapula, Zambia
Joyce Ngosa - Mapalo, Zambia
Angela Mbola - Zamtan, Zambia

Leaders and Coordinators

Sinkhani Health Workers (Malawi)

Lackings Banda, Board Chair Mkakeni Emmanuel Jere, Communications Coordinator Ireen Nyirenda, Board Treasurer Stafford Bondela Nyirenda, Board Secretary

Soyamsebika Health Workers (Nepal)

Pinkey Malla Adhikari, Board Chair Bimala Timsena, Board Treasurer

Kasompe Community School of Peace (Zambia)

Isaih Dyololo, Board Chair and Treasurer George Mushuba, Board Secretary Loveness Mulemba, Head Teacher

Mapalo Young Peacemakers School (Zambia)

Jackson Chisala, Board Chair Grace Mulubwa, Board Treasurer, Kafwa Center Coordinator

Emmanuel Mumba, Head Teacher

Zamtan Community School of Peace (Zambia)

Angela Mbola, Board Chair Jackson Manjai, Board Treasurer Edwin Kunda, Board Secretary Ireen Mbola, Head Teacher

"Thank you HealthEd Connect for encouraging us, teaching us, helping us and trusting us... I am proud of you HealthEd Connect and all team."

- Pinkey Malla Adhikari, Nepal Team Leader

USA Support Staff and Volunteers Staff

Emily Penrose-McLaughlin, Executive Director Regan Jackson, Donor & Communications Program Manager Jackie Fuller, Administrative Assistant Sue Olson, Donor Data Systems

Volunteers

Dave Seagraves, Webmaster Ruth Seagraves, Graphic Designer Greg Stollsteimer, Webmaster



Zambia sister schools representatives at roundtable training

HealthEd Connect Board of Directors

Sherri Kirkpatrick, Co-Founder & President Vice President & Dean of Nursing, Graceland University (Ret.)

Shandra Newcom, Vice President ('20) President, Sierra Pacific Mission Center

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Fellowship Director, Palliative Medicine, Kaiser Permanente

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Michael Duke

Lead Physician, Spira Care

Ann Hummel

Elementary Educator (Ret.)

Jac Kirkpatrick, Co-Founder

Field Advisor for Africa, Asia & Europe, Community of Christ (Ret.)

Julie Kirkpatrick

Elementary Reading Specialist and Literacy Coach (Ret.)

Stuart Waite

Chair, Department of Dental Medicine, Mercy Hospital St. Louis

Eva Wasonga-Nganga

Dialysis Nurse

Thad Wilson

President and Professor, Research College of Nursing



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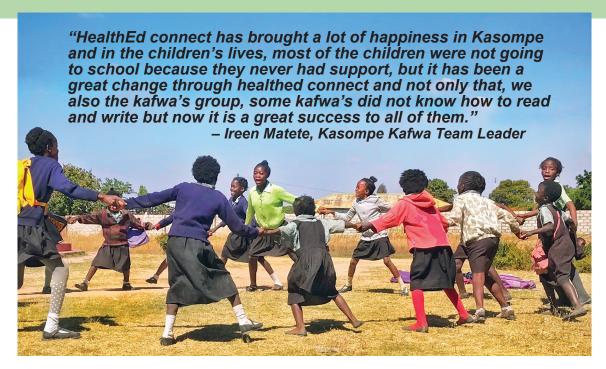






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Ways to donate: 1) Go online - **www.healthedconnect.org**; 2) Call - 816.423.4731, M-F, 8-5 CST; 3) Mail - using the enclosed envelope to HealthEd Connect, 1401 W Truman Rd, Independence, MO 64050



To receive ongoing stories and program updates, visit our website www.healthedconnect.org and click "Subscribe to Blog" at the foot of the page. Follow @HealthEd Connect on social media.